



# QPR

*Question, Persuade, Refer*  
Suicide Prevention Training

## **Information for the Virtual Class format -**

*Due to the sensitive nature of the material taught in this class, and based upon recommendations by Prevent Suicide PA, participants will be asked to remain on camera for the entire class. We encourage consideration of personal experience, especially a loss by suicide, when deciding to take the training in a virtual format.*

## VIRTUAL

This class is presented by the Chester County Suicide Prevention Task Force in partnership with the Coatesville VA

# QPR

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR (*Question, Persuade, Refer*) learn how to recognize the warning signs of a suicidal crisis and how to question, persuade, and refer someone to help.

QPR is a nationally recognized suicide prevention training researched and developed by Paul Quinnett, PhD, a clinical psychologist and founder of the QPR Institute, ([www.qprinstitute.com](http://www.qprinstitute.com)). The program was created for every-day citizens, and requires no clinical training or education.

Upon completion of the 2-hour class, participants are certified QPR Gatekeepers, trained to recognize and refer someone who is at risk of suicide.

***Take this virtual class to become a Gatekeeper.***

***Registration Link - <https://tinylink.net/8lYo3>***

**Tuesday, September 13, 2022 - 6:00 - 8:00 PM**



**VA**



**U.S. Department of Veterans Affairs**  
Veterans Health Administration  
Coatesville VA Medical Center